

Fabric Flowers:

Trace/ cut out template



Sew a running stitch along the bottom (the rectangle portion), about $\frac{1}{4}$ from the edge

Once you've stitched the entire length of your fabric, slowly (and carefully!) pull the thread "tail" to gather "petals" and pull tight and secure with a double stitch.

Connect the two ends and stitch to secure its placement

(Original: http://www.marthastewart.com/1063930/pretty-pansy-fabric-flowers_)