

July 24, 2014

You can't change the world all by yourself...



While it's a start, you cannot make a difference in the world's perceptions alone.

In order to be empowered, it's crucial to take a stand with someone. After all, standing up in a group is more powerful than any one individual.

Every girl needs support. If we don't stand up for each other, than no one else will. So, it's crucial that we can all support each other. We all need our friends and other women who understand our perspective to help us thrive and believe in what we can do.

Good support. Good friends. Strong sense of self. That's all you need, girls. If one girl can stand up for what she believes in, than there's no telling what a group of women can do.

Sometimes girls can act catty toward each other, but why do we have to do that? Who says we have to constantly put others down just to feel better about ourselves? There should be a way to support others and yourself.

Here's a quote I found on Pinterest: *"Friendship isn't about who you've known the longest. It's about who walked into your life and said, 'I'm here for you' and proved it."*

Friendship is a valuable thing, and I believe a true friend can lift you up. Someone who can inspire you to make a difference and change the world.

We all need supporters, even those who seem strong on their own. Having a group of friends beside you doesn't make you weak; it makes your group stronger and more resilient. So, take

your close friends and stand up for what you believe in. A group can accomplish more than an individual—there's more power in numbers. Use your numbers and make a change.

After all, “we get by with a little help from our friends.”

Miranda Siwak, WE Intern

*Photo courtesy of claires.com*